

Hope Valley cycling code

Welcome to the Hope Valley, within the Peak District National Park: a beautiful, tranquil and environmentally sensitive place enjoyed by local residents and visitors alike. Mutual respect and courtesy are essential to enable those with different interests to enjoy the area together.

The Hope Valley is a working/residential area and visitor attraction equally.

Off road cycling in the Peak is permitted only on certain routes. Please take a look at our Cycling routes (www.peakdistrict.gov.uk/visiting/trails/share-with-care) for more information on this.

To assist you in making the most of cycling in the Hope Valley, we ask that you please follow both the Highway Code (www.gov.uk/guidance/the-highway-code/rules-for-cyclists-59-to-82) and this Cycling Code is supported by groups and local organisations.

If you are cycling in an organised event, follow the additional instructions to minimise your impact.

Be considerate

- Ride positively and well clear of uneven road edges but with consideration for other road-users. To allow vehicles to overtake safely, leave gaps for them to pull into and move into single file when necessary and safe to do so. Never ride more than two abreast.
- Off road, cycle only on the bridleways, byways, restricted byways and designated routes.
- Use this journey planner (www.cyclestreets.net) to plan your route, check for trail closures. (<http://www.peakdistrict.gov.uk/visiting/trails/trail-closures>).
- Be polite and consider other cyclists, motorists, pedestrians and residents.
- When passing people and animals, please give advance warning and allow them plenty of room. Be prepared to stop if necessary.
- Do not drop litter or feed the animals; human food and litter are a danger to them.
- Close gates behind you so the animals don't stray

Be safe

- Pass animals slowly and to one side if possible.
- Take extra care near horse riders; a kick or fall from a horse could be fatal. Be prepared to stop. Try to give friendly warning well in advance. When it is safe, pass wide and at walking pace, to one side only. Look out for any reaction from the horse.
- Keep to a safe speed, on and off road, particularly on narrow lanes, steep hills and bends. Look out for pot holes, poor surfaces and cattle grids. Ride one or two abreast on narrow roads.
- Look out for and obey safety signs. Do not pass large vehicles and trailers until you know it is safe to do so.
- Ensure you are visible by wearing bright or reflective clothing. Use lights after dark and in poor daytime visibility.
- Avoid the use of earphones.